

Area, Regions and Neighborhoods of the Bay Area

2018

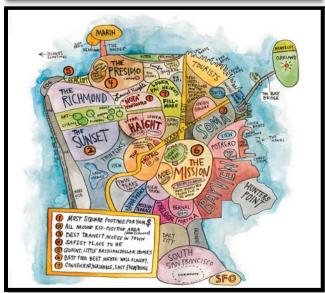
San Francisco offers a variety of unique neighborhoods. It is recommended that you explore the City and identify several neighborhoods that you think would fit your needs. At the end of this document is a description of each neighborhood, as well as a map. Watch for signs on doors, windows and in neighborhood gathering spots (cafes, shops, bookstores, laundromats, etc.) that often have community bulletin boards available.

This information has been taken from University of Pacific School of Dentistry and other resources from CIIS.

DISCLAIMER

The California Institute of Integral Studies has no relationship with any of these vendors. This list is provided as a guide to accommodations in the area and is neither comprehensive, nor favors these providers over others in the area.





By: Wendy MacNaughton



SAN FRANCISCO NEIGHBORHOODS

COLE VALLEY / BUENA VISTA

Just a few blocks from the Haight Street scene is this charming neighborhood of renovated Victorians and small shops. Residents value their homes and gardens, and the area retains a quaint, small-town feel. Bakeries, markets, bars, and small gourmet restaurants add to a mix that makes this neighborhood a resident's dream. The "walk around" approach may be the best way to locate available rentals.

HAYES VALLEY

This region of the city feels like a neighborhood — with access to parks, small corner stores and coffee shops, it is cozy and accessible at the same time. When seeking a home you're apt to find beautiful, intricate Victorians, likely cut into apartments or left as huge 4-8 bedroom monstrosities. Convenient access to transportation nearby.

HAIGHT ASHBURY

Universally known for its 60s flair, Haight Ashbury is still recognized for its creativity and diversity. Haight Ashbury is home to colorful Victorians, eclectic shops, sidewalk cafes and popular night clubs. In 1870, California Governor Henry H. Haight formed the San Francisco Park Commission to develop Golden Gate Park, which is adjacent to Haight Ashbury.

MISSION

The Mission is home to the city's oldest structure, Mission Dolores, the sixth Franciscan mission built along El Camino Real. Located nearby is the ornate Mission Dolores Basilica. Within the Mission District, it is easy to find spicy taquerias, Mexican bakeries and colorful murals depicting Mexican and Latino history. The original Levi Strauss factory was located in this area at 250 Valencia Street.

NOE VALLEY

Nestled in the lowland between Twin Peaks and Diamond Heights, Noe Valley is a quaint neighborhood, centered around 24th Street, with its coffee shops, boutiques, bookstores and multitude of ethnic restaurants.

NORTH BEACH / NOB HILL / RUSSIAN HILL

If you can get over the hills, you'll enjoy incredibly walkability to the Financial District, Chinatown, Union Square, Polk Street, Union Street and Fisherman's Wharf. Homes and apartments will surely be nice, but some of the most expensive in the city. If you want a little privacy, don't move near Russian Hill's most popular attraction, Lombard St. A.K.A "The crookedest street in the world". You'll find tourists (and some locals) driving down this road almost 24 hours a day. The 1 California bus is a quick way to get downtown or to the Richmond from these areas — people who live near to and use this line love the convenience.



POTRERO HILL

Potrero Hill sits south of 16th Street and is framed by Potrero Avenue, Cesar Chavez Street and Highway 280. The neighborhood has a community feel all its own; it even has its own weekly newspaper, the Potrero Hill. Pleasant window shopping and café dining is popular with locals. The Potrero Hill Neighborhood House has existed for almost a century and is used by residents for various occasions, such as town meetings and recitals.

PRESIDIO

The Presidio of San Francisco offers a spectrum of housing options in twenty-one distinct and beautiful neighborhoods. Units range in size from one to seven bedrooms. Many Presidio homes are contributing features to the Presidio's National Historic Landmark designation. More than half of the park is open space, including such significant features as Baker Beach, the historic Presidio Forest, Mountain Lake, El Polin Spring and Los Lobos Creek. Crissy Field is nearby as well. With housing units available throughout the park, the Presidio is a great place to live.

SOUTH BEACH

Round the bend of the Embarcadero, and head towards AT&T Park, you'll find an array of new, modern and urban high-rises and apartments. It is one of the few places in the city that you will find new luxury units. Only steps away from the Embarcadero where you will find people sunbathing on the grassy areas, runners, bikers and restaurants. There's easy access to transportation, and the area becomes great fun when amassed with a sea of World Series-winning San Francisco Giants fans. If you have the money to spend you'll find this area is quite central to getting around San Francisco, is generally pretty safe, and has great views and a very up-and-coming feel.

SOUTH OF MARKET

Home to the Arthur A. Dugoni School of Dentistry's new campus, the SoMa (South of Market) district is a thriving up-and-coming area of the city. Located in the heart of San Francisco's premier shopping and entertainment area, you are within walking distance to theaters, museums, fine art galleries, and world-renowned restaurants. Thanks in part to the many tech companies that call San Francisco home, this area caters to the young professional looking for a fun and vibrant district to call home. Public transportation options are plentiful as Muni, BART and Caltrain all have stops in this neighborhood, making it another good area to live without a car.

THE RICHMOND

Framed by the Pacific Ocean and the Golden Gate Bridge, the Richmond District is within driving distance to almost any corner of the city. Rents in this middle-class district vary from affordable apartments and in-laws to flats at top dollar. There is easy transportation nearby, and Golden Gate Park beckons to the south. A variety of shops and restaurants featuring cuisines from all over the world reflect the Richmond's and San Francisco's ethnic diversity.

THE SUNSET

South of Golden Gate Park is the Sunset district. The Inner Sunset, which is near Golden Gate Park's museums, botanical garden and Japanese Tea Garden, is a popular destination, while the quieter Outer Sunset is more affordable. The area is served by the N Judah streetcar as well as multiple bus lines.

East Bay Neighborhoods

EMERYVILLE

Set along the waterfront, Emeryville is located at the foot of the San Francisco Bay Bridge. Emeryville's real estate and housing choices are as diverse as its population. Whether it's a modern townhouse complex, a waterfront high-rise condominium, a live/work artist's loft, or a quaint Victorian style home, Emeryville has something to offer any lifestyle. Emeryville is easily accessible from highways I-80 and I-580 and just a short hop over the Bay Bridge from San Francisco. This little city also offers free local transportation via a shuttle system — the Emery-Go-Round — that services all of the commercial areas as well as the nearby MacArthur BART station in Oakland.



This community-oriented city boasts manicured homes, friendly neighbors, grassy parks and playgrounds, a charming main street, a host of services, family-friendly programs and excellent schools. Situated between North Berkeley, El Cerrito and Richmond, Albany is close to major freeways as well as BART and other public transportation. Oakland is about 15 minutes away and San Francisco can be as close as 20 minutes in light traffic.

SOUTH BERKELEY / LORIN

South Berkeley, sometimes referred to as the Lorin District, remains one of Berkeley's most accessible and affordable neighborhoods. An expressive community, South Berkeley has many creative outlets, including the inspired art galleries of the Ashby Arts District. The Ashby BART station makes getting around the Bay Area a breeze.

TEMESCAL

Temescal began as its own little village, eventually choosing to incorporate with Oakland and is now one of the city's oldest neighborhoods. With its active local business and friendly atmosphere, this is one area not to be overlooked. An annual street fair displays Temescal's cultural variety and gives those new to the area a chance to meet neighborhood merchants and business owners. Conveniently located to the nearby MacArthur BART station, the neighborhood is known for its easy access to San Francisco.

ROCKRIDGE (LOWER)

Rockbridge is what many consider the ideal Oakland neighborhood. This neighborhood has an exemplary public transportation system combined with a very pedestrian-friendly layout, making commuting easy and local exploration fun and relaxing. BART and bus lines vein through the community and several freeways feed you to the Caldecott Tunnel, Bay Bridge, East I-580 and South I-880.



PIEDMONT

The tiny town of Piedmont is one of the wealthiest and prettiest cities in California. Named by Forbes Magazine in 2007 as the "Best Place to Live" in the United States, the desirability of this area has not gone ignored. The 11,000 residents enjoy the best of both worlds: small-town independence and the convenient access to all the big city amenities of San Francisco, Berkeley, Oakland, and upscale Walnut Creek just a short 20 minutes away.

Do you feel you want to read more about this? Visit the following web-pages to expand your knowledge.

https://www.sfgate.com/neighborhoods/

https://www.sfgate.com/neighborhoods/eb/